

# Resort Essentials

## SHUTTLE BUS



### Destination



### Private 4-seat car



### Private 7-seat car



### 16-seat van

Hue airport transfer  
(One way)

VND 1,000,000

VND 1,250,000

VND 1,500,000

Hue center transfer  
(One way)

VND 750,000

VND 950,000

VND 1,100,000



### SHUTTLE BUS - HUE ROUTE

8:30

9:15

9:50

11:30

12:15

12:50



Alba Hue

Hue Center

Hue Airport

11:45

14:00

10:00

14:45

13:30

- Shuttle bus fee for trips to Hue center is **80,000 VND** per seat.
  - Shuttle bus fee for trips to Hue airport is **160,000 VND** per seat.
  - **Complimentary upgrade to our bigger vans when you book any transportation service. (subject to availability)**
- Notes**
- 1/ Hue center pick up and drop off location: **Alba Spa Hotel** - 29 Trần Quang Khải st, Huế.
  - 2/ Please contact our hotline at **0932.402.232**, **0905.797.723**, or **02343.355.666** (or dial extension "0" or "111") to book your trip at **least 24 hours** in advance.

# The Green Valley Journal

May to Jun 2026  
Newsletter

alba  
WELLNESS VALLEY  
by fusion  
HUE

## TREATMENT OF THE MONTH

### FULL MOON RETREAT

Led by our Wellness Master, the Full Moon Retreat is a guided evening journey of release and renewal. Through Tibetan sound healing, moonlit floating meditation, and ritual practices, guests are invited to let go of tension, restore inner balance, and reconnect with their natural rhythm under the full moon.



## COOKING CLASS

VND 800,000/GUEST



### Veggies Class

Banana Blossom with Tofu Salad, Vegetables Hot Pot



### Farm Class

Banana Flower & Free-range Chicken, Grilled Minced Pork on Lemongrass Skewer

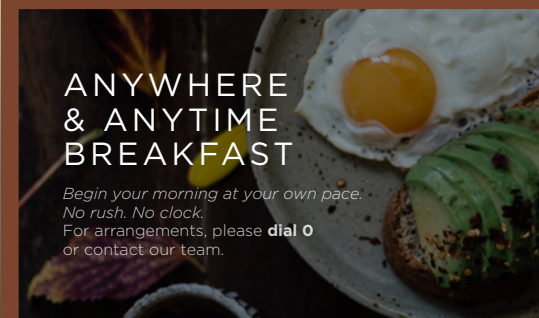


### 15:00 daily

Please book in advance through our reception desk via extension "0"

## ANYWHERE & ANYTIME BREAKFAST

Begin your morning at your own pace.  
No rush. No clock.  
For arrangements, please dial 0 or contact our team.



## MOVEMENT THERAPIES

Flow through your day with daily Yoga, Sound Healing, and Mindful Activities, **Walking & Water Meditation** sessions guided by our wellness masters.

Complimentary classes designed to boost well-being and spark creativity for in-house guests



## COFFEE CULTURE

VND 250,000/ GUEST

🕒 14:00 - 15:00 📍 Mori Restaurant

Please book in advance through our reception desk via extension "0"



## KOMBUCHA WORKSHOP

COMPLIMENTARY FOR GUEST IN HOUSE

🕒 13:00 - 14:00 daily 📍 Madame Chau Restaurant

Please book in advance through our reception desk via extension "0"



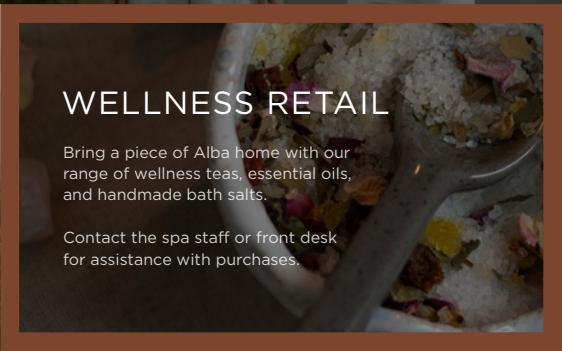
## STAY WITH US TO DISCOVER MORE



## WELLNESS RETAIL

Bring a piece of Alba home with our range of wellness teas, essential oils, and handmade bath salts.

Contact the spa staff or front desk for assistance with purchases.



# Culinary & Farm-to-table

## FRESH. WHOLESOME. NATURALLY ALBA.

Enjoy vibrant wellness cuisine crafted with organic vegetables, herbs, cage-free eggs and poultry from Alba's own certified farm, bringing pure freshness to every plate.

Savor Vietnamese flavors, light Western dishes, and nourishing juices prepared with peak-fresh ingredients.



Scan QR  
for the Menu



## ALBA ADVENTURES

Experience nature up close with exciting outdoor activities: **Deer Park, Nature Walk, Highwire, Zipline, Hiking, and Biking.**

Let each adventure reconnect you with the playful side of wellness



## Activities & Experiences

## WHAT'S UP HUE

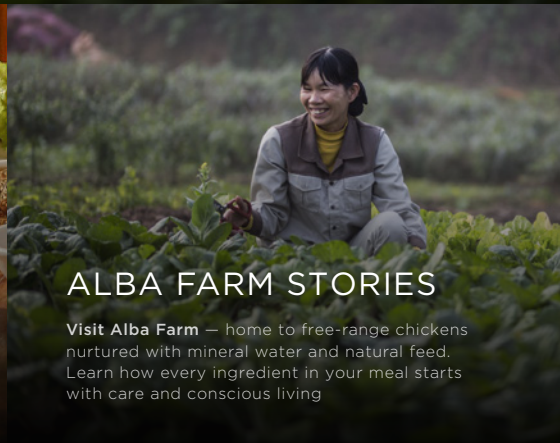
A land rich in culture and heritage, Hue invites you to explore beyond the ordinary. From ancient imperial sites and traditional craft villages to local markets and quiet riverside moments, every experience reveals a deeper connection to the city's timeless charm.

Contact our team for curated recommendations and hidden gems around Hue.



## HEALTHY CUISINE & TEA TIME

**Our Hi - Tea Time** offers handcrafted herbal infusions and wholesome treats, perfect for a slow afternoon. **VND 450,000/SET/ 2 GUESTS**  
Anytime Anywhere daily



## ALBA FARM STORIES

**Visit Alba Farm** — home to free-range chickens nurtured with mineral water and natural feed. Learn how every ingredient in your meal starts with care and conscious living



## A Journey Back to Your Trueself



## BBQ FEASTS

**🕒 18:00 - 22:00**  
**📍 In Villa BBQ and The Rock Garden**

**From the land menu:**  
VND 1,500,000

**From the sea menu:**  
VND 1,750,000

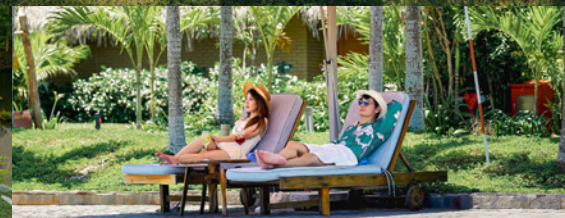
**From the earth menu:**  
VND 2,100,000 for a group from 2 - 10 guests

**Booking:** 1 day in advance



## RETURN TO WHOLENESS RETREAT

A 3-5 days journey to restore harmony between body, mind, and soul.



## RETURNING GUEST PRIVILEGES

Welcome back with a complimentary room upgrade and exclusive offers curated for our Alba Family.

